

Welcome to Ryde Rugby



Mission Statement

*To provide young people the opportunity to play rugby union
in a safe environment that fosters the societal values of
teamwork, respect,
health and enjoyment.*



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Our Objectives

- ✓ Provide the opportunity for young people in the community to participate in rugby union competitions
- ✓ Undertake fundraising activities to acquire facilities and equipment for our non-profit organisation, for the purpose of enabling the children to participate
- ✓ Participate in social outings, functions and events, as a rugby union community, for the purposes of raising funds and to tighten the community's social fabric

Our Coaches

- ✓ Will have the appropriate accreditation for the level they are coaching
- ✓ In charge of training sessions and matches
- ✓ Insist on good sportsmanship and fair play
- ✓ Develop team respect for opponents, referees and opposing coaches

Team Managers

- ✓ Primary point of contact with the club for any issues or questions
- ✓ Distribute and collect team jerseys at the beginning and end of season
- ✓ Distributes game schedules, newsletters, promotional flyers etc
- ✓ Organises rosters for washing jerseys and canteen/BBQ duty

Team Uniforms

- ✓ Players must wear the nominated team uniform including:
 - Team jersey
 - Club Shorts
 - Club Socks
- ✓ The club provides each team with a set of club jerseys (Managers will handout jerseys at the commencement of the season) Players may purchase jerseys at the end of the season for \$10.00 – This will be organised by your manager
- ✓ Players are responsible for maintaining the jerseys throughout the season and must return them at the end of the season in a similar condition to that which they were in when received
- ✓ Mouth Guards are essential
- ✓ Head Gear and Protective Equipment, i.e. shoulder pads, are optional, but recommended and must have the "IRB Approved" tag.



Playing Grounds

- ✓ Ryde Rugby's home ground is Ryde Park, Ovals No. 1 (Main Oval) and No. 3 (Minis Oval), Princes Street Ryde
- ✓ All training and home matches will be held at Ryde Park.
- ✓ On Home Game Days at Ryde Park, a "Playing Enclosure" will be erected which includes the playing field AND an area measuring approximately 5metres surrounding it. A rope marker will be put around fields defining the "Playing Enclosure". Parents, guardians and spectators may not enter the "Playing Enclosure" whilst a match is in progress, nor during half time breaks
- ✓ Ryde Rugby has our Club House which has access to toilets, canteen and storage rooms next to the Minis Oval

Training

- ✓ Training is held on Wednesday evenings. Team Managers will inform you of your training time, which will commence in early March
- ✓ Players should wear a t-shirt or training jersey, shorts and joggers/football boots and bring a bottle of water marked with their name
- ✓ Tackling grade players should bring their mouth guard to training
- ✓ Players must be at the ground ready to commence training at the appointed time
- ✓ A parent or guardian must remain at the field for the duration of the training session



Matches

- ✓ Players are to arrive at the nominated field at least 20 minutes prior to the scheduled match time to undertake warm-up exercises as directed by the Coach
- ✓ Players are to be dressed in full uniform - jersey, shorts, socks and boots
- ✓ A parent or guardian must remain at the field for the duration of the match

Medical Conditions

- ✓ Players should not participate in training sessions or games if they are affected by illness (including influenza or fever) or if they are suffering ongoing pain such as headache, muscle strain etc.
- ✓ Please notify your Team Manager as early as possible if your child is unable to participate
- ✓ Coaches and Team Managers should be advised of any ongoing medical condition such as asthma that may affect a player during training or a game
- ✓ Coaches and Team Managers are NOT permitted to administer medication to players

Wet Weather

- ✓ Playing grounds may be closed when affected by rain. The final call is made by the ground owner (Council or School).
- ✓ The Team Manager will contact you either via Team App, SMS or e-mail if your child's game is affected. Unless you hear otherwise, always assume the game **IS ON**
- ✓ the wet weather line for Ryde Council is **9952 8244** and is updated at 3pm daily for that evening and the following day's ground availability
- ✓ For Wednesday Training if grounds are closed you will be notified by Facebook and Team App

Fundraising

- ✓ A number of activities will be held during the season and participation is always greatly appreciated. Funds go towards the ever increasing costs of running the Club, i.e. jerseys, training equipment etc.
- ✓ Details will be published on Facebook and on our website



Home Games Canteen/BBQ

- ✓ The canteen & BBQ operates on all home matches offering hot & cold drinks, chips, sweets and hot food
- ✓ Teams are required to man the canteen and BBQ when rostered for home games
- ✓ Your Team Manager will advise you when the roster has been set for your team

Team App

Team App is available from the iTunes and Google Play stores, free of charge. It is a great app which enables the user to view their team's roster, access Club newsletters and events information and more. Simply download the app then search for Ryde Rugby.

Coaches, Managers & Officials

- ✓ Each team must have a Coach, Assistant Coach and Manager and all games must be supervised by a Touch Judge and a Referee. The Club would not function without the wonderful support of the parents and others who volunteer their time in these positions.
- ✓ All coaches, Managers and Team or Club Officials must complete and sign a Prohibited Employment (Child Protection) Declaration.

Code of Conduct and Responsibilities

- ✓ The Code covers all participants including Administrators, Managers, Coaches, Parents and Players
- ✓ All Club Officials, parents and players must read the code of conduct
- ✓ This Code is designed:
 - To maintain the element of enjoyment and satisfaction in Junior Rugby
 - To make adults aware that young people play to satisfy themselves and not necessarily to satisfy adults or members of their own peer group
 - To constantly remind Administrators, Coaches, Referees and parents that Rugby must be administered, taught and provided for the good of those young people who wish to play the game.

*Please Remember We Are Here For The Kids
– It Is Their Game.*



Players' Code

- ✓ Players are encouraged to play for “enjoyment”, not just to please their parents or Coach
- ✓ Players will play within the laws of the game
- ✓ Players will never argue with the referee’s decisions. The team Captain has sole responsibility to ask any pertinent questions.
- ✓ Players will control their tempers – no “mouthing off”
- ✓ Players will work equally hard for themselves and their team
- ✓ Players are encouraged to display good sportsmanship. Applaud all good play, whether by their team or their opponents.
- ✓ Players will treat all players as they themselves would like to be treated
- ✓ Players will not interfere with, intimidate, bully or take unfair advantage of any player
- ✓ Players will remember that the goals of the game are to have fun, improve their skills and feel good. Good players are unselfish players and don’t show off.
- ✓ Players will respect and cooperate with their Coach, Manager, teammates, Referees and opponents
- ✓ Players will not approach a Referee/Touch Judge at any stage during or after a game, unless it is to say thank you
- ✓ Players are encouraged to thank all those people that made it possible for them to play, such as their Coach, Manager, Trainer and parents
- ✓ Players should be on time for both training and games, at a minimum 20 minutes prior to the appointed starting time of their match
- ✓ Players should ensure that they are appropriately dressed and equipped for training and games, including having a mouth guard and water bottle
- ✓ Players should always bring a water bottle to training and games to ensure that they are adequately hydrated at all times



Parents' Code

- ✓ Parents are encouraged to introduce themselves to the Coach and Manager
- ✓ Parents are discouraged from forcing an unwilling child to participate in Rugby
- ✓ Parents should acknowledge that children play Rugby for their own enjoyment, not that of their parents
- ✓ Parents should always encourage their child to play by the laws of Rugby
- ✓ Parents should teach their child that trying their hardest is just as important as winning
- ✓ Parents should never ridicule or berate their child for making a mistake or losing a game
- ✓ Parents should acknowledge and practise that young people learn best by example
- ✓ Applaud good play by members of both teams
- ✓ Parents will not question the Referee's judgement nor his/her honesty
- ✓ Parents will support all efforts to remove verbal and physical abuse from Junior Rugby
- ✓ Parents will not approach a Referee/Touch Judge at any stage unless to say "Thank You"
- ✓ Parents are encouraged to support the coaching and management team. Parents should discuss any concerns with them in private, away from the team environment.
- ✓ Parents should ensure their child is on time for both training and games, as a guide, at least 20 minutes prior to the appointed time for their match
- ✓ Parents should ensure that their child is appropriately attired for training and games, include mouthguard and water bottle and all other necessary playing accessories
- ✓ Parents will notify the Coach or Manager if their child is unable to attend a game or training session
- ✓ Parents should identify to the Coach/Manager/Trainer any specific injury concerns or conditions their Child may have
- ✓ Parents are not permitted on the field during a match even if their child is injured. This includes the half time break.



Coaches' Code

- ✓ Coaches are responsible for the behaviour of the team and its supporters and are encouraged to exercise this responsibility
- ✓ Coaches will be reasonable in their demands on the players' time, energy and enthusiasm
- ✓ Coaches will teach the players that the laws of the game are mutual agreements which no one should evade or break
- ✓ Coaches will ensure that all players get a game. Players of all abilities deserve equal time.
- ✓ Coaches will support and acknowledge that players participate for fun and enjoyment and that winning is only part of it
- ✓ Coaches will never ridicule or berate any players for making a mistake or losing a game
- ✓ Coaches will encourage and develop team respect for the ability of their opponents as well as for the judgement of Referees, Touch Judges and opposing Coaches
- ✓ Coaches will follow the advice of a Doctor in determining when an injured player is ready to play again
- ✓ Coaches will accept that players need a coach they respect
- ✓ Coaches will be generous in their praise when it is deserved and set a good example
- ✓ Coaches will make a personal commitment to keep themselves informed of the latest coaching techniques and principles to ensure the continuing growth and development of their players
- ✓ Coaches will encourage their players to develop basic skills and avoid over-specialisation in positional play during their formative years
- ✓ Coaches will create opportunities to teach sportsmanship, just as they would in teaching the basic skills
- ✓ Coaches will ensure that efforts for both skill improvement and good sportsmanship are rewarded with praise
- ✓ Coaches will ensure that teaching skills and free play activities take priority for younger players
- ✓ Coaches will **INSIST ON FAIR PLAY, WILL NOT TOLERATE FOUL PLAY, FIGHTING or FOUL LANGUAGE** and will remove any offending player
- ✓ Coaches will discourage excessive talking on the field
- ✓ Coaches will **INSIST** on a disciplined approach by players and mean what they say
- ✓ Coaches will not set unreasonable goals
- ✓ Coaches will set a good example by exhibiting personal good behaviour
- ✓ Coaches will not approach a Referee/Touch Judge at any stage during or immediately after a game except to say "Thank You"



Spectators' Code

- ✓ Spectators should remember that young people play organised sports for their own enjoyment. They are not there to entertain spectators, nor are they miniature Wallabies.
- ✓ Spectators will not use offensive language or harass players, Coaches, Referees or other spectators
- ✓ Spectators are encouraged to applaud good play by both their own team and the opposition team
- ✓ Spectators should show respect for their team's opponents. Without them there would be no games.
- ✓ Spectators should never ridicule or scold a player for making a mistake during the game
- ✓ Spectators should always condemn the use of violence in all forms
- ✓ Spectators will respect the Referee's decisions. If you're not on the field you cannot see what is happening.
- ✓ Spectators will encourage players to play according to the laws and spirit of the game
- ✓ **SLEDGING WILL NOT BE ACCEPTED IN ANY SHAPE OR FORM.** Players, Referees and Linesmen are not fair game. Do not ever approach a Referee/Touch Judge at any stage during or immediately after a game. Any concerns must be directed through the Team Manager.
- ✓ All spectators must adhere to the Ground Marshall's instructions during the course of the game. This is for the safety of players, spectators and match officials.
- ✓ Spectators are not permitted on the field during a match. This includes the half time break.



Useful Information (Please complete)

Player Name:

Team Age Group:

Coach Name:

Coach Mobile Number:

Coach Email:

Team Manager Name:

Team Manager Mobile Number:

Team Manager Email:

Notes:
